



LEADERS IN TRAINING APPLICATION SUMMER CAMP 2025

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

Introduction:

Thank you for your interest in joining our Leaders in Training (LIT) program! This brief handbook will help answer some questions as you fill out your application form.

The YMCA selects teenagers (Rising 9th and 10th Graders) during the summer to participate in our Leaders in Training Program. This program is designed to give high school students the opportunity to grow as a leader, observe counselors, work directly with children, and gain hands-on employment experience.

The Alamance County Community YMCA continues to support summer camp programming that encourages young people to grow in spirit, mind, and body. Our YMCA is committed to providing trained professional staff for our summer camps that will uphold our mission and character values.

Who We're Looking For:

When we select Leaders in Training, we look for people who:

- Want the opportunity to positively impact the lives of children.**
- Want to be a part of a team and grow their leadership skills.**
- Want to serve a critical role in creating an atmosphere that is fun, safe, and welcoming for all summer camp participants.**

Basically, we are looking for mature, creative, fun, enthusiastic and energetic people who will help keep our mission alive. If you love working with kids in an outdoor and indoor environment, our YMCA summer camps may be just the place for you!

What Working Summer Camp is All About:

If you have ever been to summer camp, you can probably guess what it is like to work there. Our YMCA summer camps are everything you could ask for – and more. Most staff members describe working at our summer camps as one of the most rewarding experiences of their lives.

As a Leader in Training, you'll have the opportunity to work with kids age 5 to 12 in both an indoor and outdoor environment. Every day will be jam-packed and you'll be doing everything from arts and crafts to canoeing. Most of your job will be about being engaged with the kids and making the day fun and exciting. Our campers look up to our LITs and see them as the star of the show, so it is important that you come to camp everyday happy and excited!

Leaders in Training Responsibilities:

The first priority for all summer camp staff, including Leaders in Training, is to ensure that all participants are safe and properly cared for throughout their stay. This means ensuring adequate and qualified supervision at all times, meeting the special needs of children, providing appropriate discipline, and being a role model for youth while away from home.

Leaders in Training will learn all these skills through observation, one-on-one guidance by the Teen Director, and hands-on experience. Leaders in Training also share in the day-to-day operation of summer camp, which includes leading special programs, instructing participants in various skills, and helping with spontaneous or unexpected activities.

Just like our traditional counselors, Leaders in Training have lots of hard work to do each day at camp. While the days can prove tiring, the experiences and memories are worth every minute.

YMCA Summer Camp Information:

Camp Frontier: Located at 5258 Bass Mountain Road in Snow Camp, Camp Frontier is a fully outdoor camp that operates from 7AM – 6PM. Activities at Camp Frontier include: canoes/kayaks, archery and BB guns, arts and crafts, nature play, court play (basketball, tennis, 4-square, etc.), fishing, and swimming. Camp Frontier runs eleven weeks – from 06/09/25 to 08/22/25.

Camp Horizons: Located at the Alamance County YMCA, Camp Horizons is a predominately indoor camp that operates 7AM – 6PM. Activities at Camp Horizons include: nature walks, board games, arts and crafts, racquetball, playground, gym, and swimming. Camp Horizons runs ten weeks – from 06/09/25 to 08/15/25.

NEW! Kinder Camp: Located at the Alamance County YMCA, Kinder Camp is a brand new addition to Camp Horizons that also runs 7AM – 6PM. Kinder Camp shares the same activities as traditional Camp Horizons, however it is designed to cater specifically to rising kindergartners. Kinder Camp will run alongside the Camp Horizons ten-week schedule – 06/09/25 to 08/15/25.

Participants of the Leaders in Training program are offered discounted camp rates.

Fees for the Leaders in Training program:

\$99 per session for YMCA Members

\$109 per session for Non-Members

Application Process:

The Leaders in Training application process requires that applicants complete the online **OR** paper application as well as submit **2** letters of recommendation (from non-family members).

Application and letters of recommendation are due by May 12th, 2025.

Applicants who are selected for a group interview will be contacted by May 16th, 2025. There will be two group interview dates available for choosing, those will be: May 20th, 2025 (Tuesday) and May 22nd, 2025 (Thursday). Final decisions will be sent out by May 23rd, 2025 by 5PM.

IF APPLYING ON PAPER: Paper application and recommendations may be turned in at the Alamance County Community YMCA and addressed to Miranda Parks (Teen Director). Application will be available to pick up at our YMCA or to print from our website.

IF APPLYING ONLINE: Please use the QR code below to submit application and have 2 Letters of Recommendation sent via email to Miranda Parks at mparks@acymca.org.



APPLICATION AND 2 LETTERS OF RECOMMENDATION
ARE DUE BY MAY 12, 2025.

YMCA LEADERS IN TRAINING

APPLICATION 2025

Note: Applicants must be rising 9th or 10th graders.

Name: _____ **Date:** _____

Email: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Cell Phone: _____

School: _____

Grade (Rising): _____

Parent/Guardian Name(s):

Parent/Guardian Email(s): _____

Parent/Guardian Phone Number(s): _____

Allergies, Medical Conditions, Additional Comments or Concerns:

Short-Answer Questions: Feel free to elaborate on a separate sheet of paper.

- 1. Why do you want to be an LIT at our YMCA summer camp(s)?**
- 2. What leadership positions have you held and what contributions did you make?**
- 3. Who is one person you truly respect as a leader? Why?**
- 4. What is the most exciting aspect of the Leaders in Training program for you?**
- 5. What are you most nervous about in regards to the Leaders in Training program?**
- 6. Give an example of a time when you fell short of your goals. How did you react to this setback and what did you do to overcome it?**
- 7. What do you hope to gain from being an LIT?**
- 8. What three words best describe your personality?**

Short-Answer Questions (cont.): Feel free to elaborate on a separate sheet of paper.

9. What would you say are three of your strengths?

10. What would you say are three of your weaknesses?

11. Describe something you have done at school, home, or elsewhere that you are particularly proud of and why.

NEXT SET OF QUESTIONS ARE FOR FORMER LITs ONLY:

1. What was your favorite part about being an LIT?

2. What skills and knowledge will you bring into the upcoming summer camp season?

3. What will you do to help "train" new LITs?

4. In regards to the LIT program as a whole, what would you like to see done differently or what could help make the program better?

2025 CAMP SCHEDULE

Camp Dates	Camp Themes	Draft Dates
June 9-13	Camping	May 30th
June 16-20	Jungle Expedition	June 6th
June 23-27	Wacky Tacky	June 13th
June 30-July 3	Spirit Week	June 20th
July 7-11	STEM	June 27th
July 14-18	Space	July 4th
July 21-25	Aqua Adventure	July 11th
July 28-Aug. 1	Pirate Quest	July 18th
Aug. 4-8	Camp Superstar	July 25th
Aug. 11-15	Friendship Week	Aug. 1st
Aug. 18-22 (Camp Frontier Only)	Under the Big Top	Aug. 8th

WHICH SESSIONS ARE YOU INTERESTED IN ATTENDING?

- ☐ Session 1 (June 9 - June 13) ☐ Session 9 (August 4 - August 8)
☐ Session 2 (June 16 - June 20) ☐ Session 10 (August 11 - August 15)
☐ Session 3 (June 23 - June 27) ☐ Session 11 (August 18 - August 22)
☐ Session 4 (June 30 - July 3) Session 11 is Camp Frontier ONLY
☐ Session 5 (July 7 - July 11)
☐ Session 6 (July 14 - July 18)
☐ Session 7 (July 21 - July 25)
☐ Session 8 (July 28 - August 1)

For any questions or concerns, please reach out to our Teen Director, Miranda Parks. (mparks@acymca.org)