

## PRESENTS **HYPERTENSION PREVENTION &** MANAGEMENT

Churches United for Community Health is providing Blood Pressure screening weekdays Monday-Thursday at a location near you! Classes will also be offered to provide strategies for maintaining healthy blood pressure readings!

> FREE blood pressure checks!



**FREE** support classes



**FREE** incentives for participation!



CONVENIENT location near vou!



**QUESTIONS? CALL... \$**336.263.0973

SEE REVERSE FOR SCHEDULE...



## HYPERTENSION PREVENTION & MANAGEMENT BLOOD PRESSURE SCREENING SCHEDULE

MONDAYS	
4-7PM	First Baptist Church 508 Apple St., Burlington, NC 27217
TUESDAYS	
9AM-12PM	New Life at Hocutt Church 302 N. Logan St., Burlington, NC 27217
6-7PM	Ebenezer United Church of Christ Outreach House 740 Apple St., Burlington, NC 27217
WEDNESDAYS	
10AM-4PM	Salvation Army 812 Anthony St., Burlington, NC 27217
10AM-4PM	Spencer Brown Thomas Community Center 514 Sellars St., Burlington, NC 27217
THURSDAYS	
9AM-12PM	New Life at Hocutt Church 302 N. Logan St., Burlington, NC 27217
1-5PM	<b>The Dream Center</b> 1423 N. Church St., Burlington, NC 27217
6-7PM	Ebenezer United Church of Christ Outreach House 740 Apple St., Burlington, NC 27217
CHURCHES UNITED FOR COMMUNITY HEALTH \$\colored{1} 336.263.0973	