

WHO ARE WE?

Grand Families Together (GFT) is a Family Caregiver Support program through **Alamance Eldercare** that provides many services to grandparents and other nonparental relative age 55+ who are caring for a child under the age of 18 or who are caring for a disabled adult.

Services offered include:

- Education
- Counseling
- Respite Services
- Support groups
- Resources
- Supplemental supplies (such as incontinence supplies)




Alamance Elder Care is a 501(c)(3) non-profit organization whose services touch thousands of lives each year. We are committed to helping our community age well. Our programs and services are intended to maximize the health and well-being of older adults.

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RESPIRE SERVICES

These services are provided for seniors to get time away from caregiving responsibilities. This gives caregivers time to take a break while children are participating in afterschool care, camps or extracurricular activities.



WHO QUALIFIES?

You may qualify to receive free respite services if you are:

- A grandparent or other relative (not birth or adoptive parents) 55 years of age or older who is providing care to children under the age of 18.
- A grandparent or other relative 55 years of age or older who is providing care to an adult age 18-59 with disabilities.

**"SUPPORTING
FAMILIES
TO BE
SUPPORTIVE
FAMILIES"**



- In total, **170,000** North Carolina children (7%) **under age 18** live in grandparent-headed households. **Forty-five percent** of children living in grandparent-headed households are under 6 years old, **30%** are between the ages of **6 and 11**, and **25%** are ages **12-17**.
- These grandparents have been responsible for the care of their grandchildren for years. **40%** have been providing for their grandchildren for **5 or more years**, and an additional **40%** have been responsible for the care of their grandchildren for **1 to 4 years**.