



No one should face Alzheimer's alone. Available in-person, on-demand, or as a live webinar, our education programs feature information on topics including the signs of Alzheimer's disease, diagnosis, communication, living with dementia and caregiving techniques. Registration is required, and registrants will be sent additional details prior to the date of the program. Full program descriptions can be found on our website.

LIVE WEBINARS

10 Warning Signs of Alzheimer's

April 3 | 1:00-2:00 PM

Understanding Alzheimer's and Dementia

April 21 | 6:00-7:00 PM

Healthy Living for Your Brain and Body

April 26 | 12:00-1:00 PM

The Confident Caregiver

April 7 | 6:30-7:30 PM

Under the Dementia Umbrella Series

Frontotemporal Dementia & Primary Progressive Aphasia

April 21 | 6:00-7:30 PM

Thrive with Pride Series

Monthly Programs for the LGBTQ+ Community

Helping Friends & Chosen Friends with Cognitive Decline

April 21 | 11:00 AM-NOON

IN-PERSON

10 Warning Signs of Alzheimer's

April 3 | 1:00-2:00 PM (Greensboro, NC)

April 28 | NOON-1:00 PM (Walnut Grove, NC)

Healthy Living for Your Brain & Body Series: Move It | Tai Chi and Meditations

A HealthTeam Advantage series

April 20 | 10:30 AM-12:30 PM (High Point, NC)

Effective Communication Strategies

April 21 | 10:00-11:00 AM (Asheville, NC)

ON-DEMAND

Under the Dementia Umbrella Series

UNDERstanding Parkinson Disease and Lewy Body
Dementia

Into the Deep End Series

Programs for Veterans and their caregivers

Addressing Challenging Behaviors & Home Safety

Planning ahead: Options for Care & Caregiver Needs

TO REGISTER PLEASE CALL

800.272.3900

OR VISIT

act.alz.org/NCmonthlyprograms